



FIP FÉDÉRATION INTERNATIONALE
DES PODOLOGUES
IFP INTERNATIONAL FEDERATION
OF PODIATRISTS

70 ANNIVERSARY / 70 ANNIVERSAIRE



FOOTSTEPS

70 years of advancing podiatry worldwide

FIP FÉDÉRATION INTERNATIONALE
DES PODOLOGUES

IFP INTERNATIONAL FEDERATION
OF PODIATRISTS



Podiatry Europe



FIP-IFP is spreading the
word of Podiatry

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President's Message – Summer, 2017



Warm wishes to everyone and I hope that you are all having an enjoyable summer. We have successfully returned from the FIP-IFP 70th Anniversary AGM in Tübingen, Germany with renewed vigor and anxious to continue the growth and influence of our association. The benefits that FIP-IFP delivers to its members are many. Advocacy for our profession is paramount. Educating those that regulate medicine and the professions, is a very important part of what we do. We offer the international experience of how podiatry functions at all levels, to all the membership. Demonstrating the value of Podiatry and explaining how it is of value to public health and the communities in which we live in allows for the expansion of the profession and the betterment of many lives. Explaining our educational processes, as varied as they are, but still valuable, as well as the research that we produce, demonstrates the unique and needed role we play in the global healthcare picture. FIP-IFP is the networking hub for the profession worldwide, providing educational and speaking opportunities for the academic, educational, research and political leaders of our profession.

As we move into the 71st year of the FIP-IFP, we will expand our membership categories and become more inclusive while also becoming more aggressive about the recognition and appropriate regulation of podiatry around the world. Our Membership Task Force has recommended and the AGM has approved that we add and associate membership category to our already "Active" category. This new category will not affect current members, or their vote at the AGM, but allow countries and associations with developing podiatric recognition and establishment to utilize the resources of the FIP-IFP as they build the profession within their country. When they attain the requirements of the new Active level, they will become full-fledged voting members of the FIP-IFP. This will increase our reach and involvement of Podiatry around the world.

In this issue of Footsteps you will read about our successes at the European Wound Management

Association (EWMA) in Amsterdam, as well as the European Society of Vascular Medicine Conference in Granz, Austria. We have been asked, as an association, to play a larger role in these conferences again next year. You will also see how we are re-branding the association with our new logo and playing an increasing role in social media.

Take time to enjoy this issue of Footsteps, as it includes much useful information. I also would like to take this opportunity to again remind all of you about the next FIP World Congress. It will be October 31-November 2, 2019 in Cancun, Mexico.



- President of the FIP-IFP

Annual General Meeting: 2 days of assembly and networking

The annual general meeting (or AGM) is the most important day of the year in the life of an association. Organised every year in a different location, the AGM welcomes all the members for some intensive meeting time.

The 2017 AGM was a very special one as it included the celebration of the FIP-IFP's 70th anniversary. The FIP-IFP members were invited to celebrate 70 years of advancing podiatry worldwide during a gala dinner offered by Neubourg Pharma.

Discover the best moments of the AGM and the gala dinner organised in Tübingen, Germany from 5-7 May 2017.

Care of the diabetic foot by podiatrists

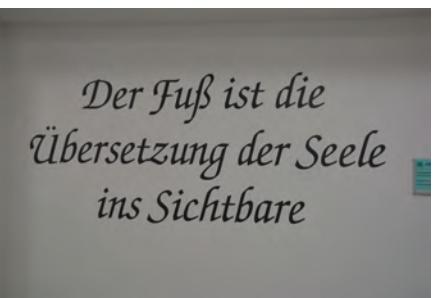
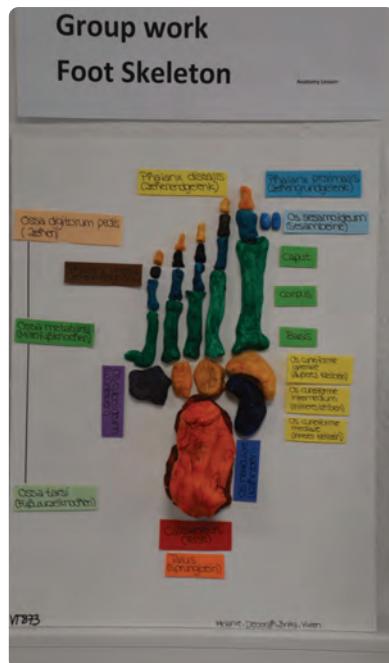
Delegate session dedicated to the Care of the diabetic foot by podiatrists:

A comparative study on a global scale. Dr. Vince Hetherington, chair of the Academy presented some interesting data and studies on how podiatry is organised in the USA, followed by Christian Jerome who explained the role and the competences of a French Podiatrist. Brad Sonnema gave an insight on the way podiatry is organised on a state level in Canada and Ekaterina Kalykakis presented a very interesting comparison of podiatry in Greece and Australia. The purpose of the delegate session was to bring the members closer to each other by offering a better understanding on how podiatry is organised in the FIP-IFP member countries. The session was followed by a remarkable presentation Dr. Eckhard Hanisch on how foam can be a good alternative for diabetic foot care (read his article further in this Footsteps). After the AGM Christine Kuberka-Wiese presented Podiatry in Germany: How the diabetic foot is handled.



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Visit of the Podiatry school in Stuttgart



The AGM gives also the opportunity to dive into the education of Podiatry in the hosting country. The FIP-IFP members were invited to discover the podiatry school of Stuttgart and to learn about the education in Germany. It was a very fun and interesting morning for all.

FIP-IFP 2016 – 2020 Strategy → 2017

The community of interest

As an organization created by podiatrists for podiatrists, the aim is to reinforce the community around podiatry worldwide.

The knowledge source of Podiatry worldwide

FIP-IFP is the global resource of podiatry on the international scene committed to training and bringing to patients and podiatrists worldwide the innovation that will improve health and the quality of life through knowledge gathering and sharing.

Effective and great leadership

Reinforcing the leadership of the association(s) to increase the profile of the profession and aiming the presence worldwide of a respected podiatry profession.

2017

- create regional focus areas
→ Latin-America
- support global programs
→ Internat. Podiatry Day
- Enhance the visibility of the FIP-IFP
→ Communication tools

2017

- further build regional academic partnerships
→ ENPODHE & Latin America
- strengthen a podiatry model
→ further develop the CTF
- Continuous education by means of (world) congress & speakers at national congresses

2017

- further professionalize the Articles and Bylaws
→ AAC (ECP)
- better involvement and communication on Europe
→ CTF & advocacy
- Strong alliances w. members benefit
→ EWMA, IOSP

The annual general meeting is the place to reflect on the work of the federation the last year and to set the tone for the next year. The FIP-IFP strategic plan as agreed upon by the members in 2016 is the backbone document in the work of the FIP-IFP board and executive director. The Focus for 2017 is to continue the work started in 2016 and to further strengthen the organisational objectives.

Cont....

During the meeting, important decisions were taken for the future of the federation. A small recap of the conclusions:

- The International Academy of Podiatric Medical Educators (IAPME) is now fully integrated in the Federation and the Academy will provide educational expertise and support to the FIP-IFP, FIP-IFP Member Countries and Educational institutions.
- After a year of intensive work, the Membership Task Force presented its conclusions and the members gave the green light to the AAC to work on the integration of these conclusions into the Articles.
- International Podiatry Day will be revamped and be the flagship of the Federation's communication. It will be organised and supported by the WFHAMC.
- The SOI Memorandum of Understanding will be continued for the next years.
- The AGM decided to organise a World Congress every 2 years starting from 2019, with the congress organised in Europe at least once every 4 years.



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It is of utmost importance to support and recognise individuals who, through their vision and commitment to their profession, are making outstanding contributions to the fields of podiatric practice. The President delivers an FIP-IFP Lifetime Achievement Award to Stuart Baird, who just retired after an amazing career as Professor and Dean of Podiatric Medicine at Glasgow Caledonian University. A certificate is offered to Neil Simmonite for his involvement as chair of the ECP for many years.



Stuart Baird and Matt Garoufalidis



Matt Garoufalidis and Debbie Delves

“Many thanks to the Verband Deutscher Podologen for hosting a great traditional evening”

Message from the executive director - Working, learning and growing



Together with the Board we have worked hard the last months to prepare the 2017 Annual General Meeting and the celebrations of the 70th anniversary.

The mission of the International Federation of podiatrists hasn't taken a wrinkle in 70 years. Advancing podiatry worldwide through education, advocacy, and strategic alliances for the benefit of those with foot and ankle ailments is the goal of our common work. Every FIP-IFP association clearly works towards this mission on a local level but understands the need and the strength of working collaboratively on the international field. The world has changed the last years and as an international association we are obliged to also adapt our way of working. In this volatile, uncertain, complex and ambiguous environment change and adaptation are crucial but collaboration and partnerships are what will make it work. We all understand that by working together we can achieve more. The impact of a strong international federation can also be important on a local level. The raison d'être of the federation is evolving from an education perspective to an advocacy role. This also imposes the federation to be very clear in its organisational objectives and its governance.

The decisions taken at the 2017 AGM on governance, membership criteria and the World Congress will have a positive impact on the future of the federation. I'm looking forward implementing these choices together with the board and the members and to move towards a great future for podiatry worldwide.

“

We keep moving forward, opening new doors, and doing new things, because we're curious and curiosity keeps leading us down new paths.

”

-Walt Disney

Mark Your Calendar

 **18-20** August 2017

-  Biennial Podiatry congress South-Africa.
-  Misty Hills Hotel, Muldersdrift, Johannesburg.
-  www.thepodiatrist.co.za

 **22** September 2017

-  NVvP Jaarcongres 2017 - The Netherlands.
-  Nieuwegein, The Netherlands.
-  www.podotherapie.nl

 **7-8** October 2017

-  Hellenic Congress for Podiatry.
-  Greece.
-  <http://podiatrist-society.gr/>

 **19-22** October 2017

-  XXXI Congress of the Italian Podiatry Association.
-  Colli del Tronto (Marche), Italy.
-  www.associazionepodologi.it

 **21** October 2017

-  Nationale Podiatry Congress biomechanical and instrumental approach of the nail.
-  Brussels, Belgium.
-  www.congrespodologie.be

 **16-18** November 2017

-  UK - College of Podiatry.
-  ACC Liverpool, Liverpool, UK.
-  <http://www.scopod.org/>

 **17-18** November 2017

-  ECP Board Meeting .
-  Liverpool, UK.

Strength is Unity: International partnerships

Collaboration is the key to success. The Board of the FIP-IFP is convinced that establishing strong partnerships with international organisations will benefit the members and the patients. We advocate for solid long-term collaborations with associations that can support the strategic mission and objectives of the Federation.

More than partnering for the sake of the collaboration, the purpose of the collaboration should also include benefits for the members of the FIP-IFP.

In 2016, the FIP-IFP has signed an International partner agreement with the European Wound Management Association (EWMA). The collaboration will:

- Increase the awareness of wound healing and the role of podiatry in this domain ;
- Support scientific cooperation and exchange of conference presentations.

The FIP-IFP was invited to organise a track at the EWMA Congress in Amsterdam on Podiatry (3-5 May 2017). 3 scientific sessions were organised and well attended around the value of Podiatry. The first session talked about the care of the diabetic foot by podiatrists: a comparative study on a global scale. This was followed by a presentation from FIP-IFP President Matt Garoufalidis together with D-Foot International President Kristien Van Acker on the collaboration between the FIP-IFP and the D-Foot International (formerly the International Working Group on the Diabetic Foot) on standardized high level competence packages for dedicated practitioners in the area of diabetic foot care.

The track on podiatry was ended with three very interesting presentation on the podiatry practice in wound management given by Pauline Wilson, Lee Murphy and Debbie Wilson.

Moreover, the FIP-IFP members could benefit from a preferential rate for the Conference entrance. This was a tangible advantage for the podiatrists affiliated to the FIP-IFP members.

The FIP-IFP Board is already looking on how to reinforce the collaboration next year at the EWMA Congress in Krakow.



Cont....

EWMA 2018

9-11 MAY 2018 · KRAKOW, POLAND



POLISH WOUND
MANAGEMENT ASSOCIATION



From 7-9 May the European Society for Vascular Medicine held its yearly congress in Graz, Austria. This Society aims at developing the specialty of vascular medicine in Europe in order to ameliorate the vascular health of the population and to improve the quality of life and health status of vascular patients.

The FIP-IFP was invited to participate at the congress and meet with the Executive Committee to further discuss a collaboration. FIP-IFP's president Matt Garoufalidis was invited to talk on the value of podiatry. Moreover, he gave a lecture on "The Use of Amniotic Membranes in Wound Healing of the Diabetic Foot and Advanced Pneumatic Compression in the Treatment of Chronic Venous Insufficiency, Venous Leg Ulcers and Lymphedema." Multidisciplinary work is crucial in the treatment of diabetic foot complications, collaborating on a global/European level supports the collaboration on a local level.

The cooperation of the two association will move to a higher speed the coming months as they will look at the opportunity to establish Podiatry as a profession in Austria.

LECTURE HALL 2

Monday, May 8th, 2017

08:30	Multifocal atherosclerosis and cardiovascular outcome endorsed by the IUA
10:00	>> Management of Recurrent VTE and Related Disorders Innovative Approaches endorsed by the IUA
11:30	>> Response Adapted Combination Therapy – How do I treat SFA lesions?
12:30	"Aneurysmal Disease of the Aorta" From Screening to simulation endorsed by the Irish Society of Vascular Medicine and The Serbian Society of Vascular Medicine SIAPAV
14:00	Unresolved Issues in Venous Thrombosis endorsed by the French Society of Vascular Medicine
15:30	Direct Oral Anticoagulants (DOAC) Special session of ESVIM, SIAPAV and CEVof Angiology
16:30	Session with a special focus on AAA endorsed by the Czech Society of Angiology and Sweden

Tuesday, May 9th, 2017

07:30	Romanian Society of Angiology and Vascular Surgery Symposium: Interventional and surgical team decisions for revascularization in critical limb ischemia – a case-oriented symposium
08:30	International Federation of Podiatrists
10:00	Carotid artery disease – When to intervene? Endorsed by the Society of Vascular Medicine Slovakia
11:00	State of the art lecture



PROGRAM

3rd Annual Congress of the European Society
for Vascular Medicine

23rd International Union of Angiology European Chapter Congress

May 7th-9th, 2017
Graz, Austria

Congress President
Prof. Dr. Marianne Brodmann, Austria



www.esvm-congress.eu



—

A stronger branding for the FIP-IFP

There are a number of reasons why organisations change their logo, most often brought about by a combination of external changes along with internal shifts that now warrant ensuring that the organisation is moving forward.

70 years of the Federation is a milestone that we celebrated together at the latest annual general meeting. The new logo has been presented in preview.

The mission of the Federation is still very present but there have been considerable transformations the last years. Changing the logo is essential in the process of significant change in the governance and the maturity of the Federation.

The new FIP-IFP logo wants to bring a fresher look to the work of the FIP-IFP. The association, despite its 70th anniversary, is very dynamic and proactive and wants to show this with a 'younger' look and feel.

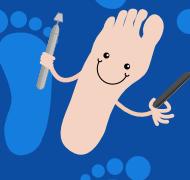
The main elements of the FIP-IFP logo: the globe, the feet and the bilingual text are kept as the core issues of the brand of the Federation. These core elements are what people recognise in the International Federation. But shifting the colours and the text gives the logo a beautiful and mature appearance. The golden lines indicate class and maturity, and the abbreviation of the Federation FIP-IFP is prominent.

The logo can be downloaded from the FIP-IFP.org website. Don't hesitate to use the new logo in combination with your own logo.



Podiatry Europe

European Council of Podiatrists new opportunities



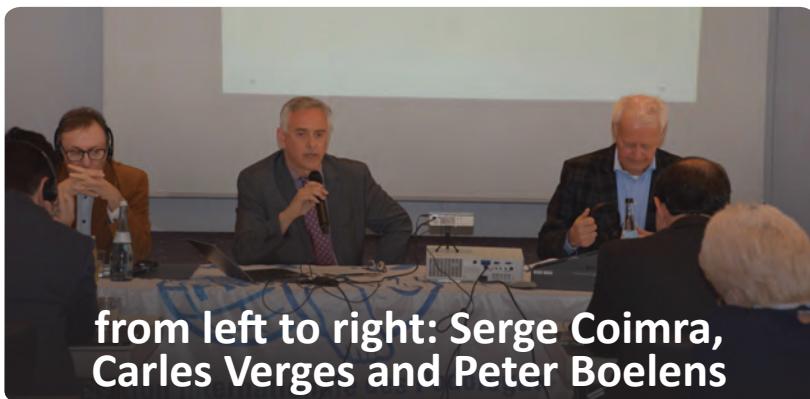
The Annual General Meeting gives also the opportunity of the European Members of the FIP-IFP to get aligned on European matters. Traditionally the European Council of Podiatrists meets the day before the AGM to focus on European common areas of interest. The new impetus that has taken the committee since the 2016 AGM is significant.

Some figures from 2016

- 3 Board Calls (16 Aug. 2016 -10 Oct. 2016 - 22 Nov. 2016)
- 2 Board Meetings (in Paris @ FNP on 21 Jan. 2017 - 11 April 2017)
- Meeting with Mrs. Weisswange, Policy Officer at the European Commission's Directorate General Internal Market, Industry, Entrepreneurship and SMEs (DG GROW)
- Organisation of the Common Training Framework meeting in Paris with 15 associations present on 20 January 2017
- 2 CEPLIS meetings
- Presentation of the Common Training Framework at the ENPODHE Annual General meeting on 6-7 April 2017

At a glance what happened last year on the side of the EU that is important for Podiatry:

- To reform the system of recognition of professional qualifications in the EU and simplify the related administrative procedures, the EU adopted the Professional Qualifications Directive (Directive 2005/36/EC). The directive was amended in 2013 by Directive 2013/55/EC. The transposition period was 2 years and was due by 18 January 2016.
- The principle of partial access – access to part of the activities reserved to a particular profession - is included in the new directive. It can benefit professionals who engage in a genuine economic activity in their home Member State which does not exist, in its own right, in the Member State to which they wish to move. We need to carefully watch how this happens in our countries in the field of podiatry where people might bypass legislation that protects the podiatrists' recognition.
- As part of the roadmap laid out in the Single Market Strategy, the European Commission proposals of January 10th, delivers on President Juncker's political commitment to unleash the full potential of the Single Market and make it the launchpad for European companies to thrive in the global economy. The proposed measures aim to make it easier for services providers to navigate administrative formalities, and to help Member States identify overly burdensome or outdated requirements on professionals operating domestically or across borders, that is the view of the Commission. While health professions were always excluded of regulation concerning the service directive, the Commission tries by this means to integrate health professions in the open market.



from left to right: Serge Coimra,
Carles Verges and Peter Boelens

The ECP members also elected a new chair and nominated a new board member. After many years of chairmanship by Neil Simmonite, the members elected Carles Verges from Spain as the new chair of the ECP for the next two years. Mieke Franssen from Belgium replaces Paul Borgions for the next year, who resigned for personal reasons. The new Board is very much looking forward to further work on the

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Podiatry Europe

European Council of Podiatrists new opportunities

Common Training Framework and follow up closely the initiatives taken by the European Institutions in the areas that affects podiatry. Moreover, the message of the ECP board is very clear: effective influencing of policy and advocacy in the context of European policy needs to be a permanent area of interest for all our members. Active and early influence is crucial to achieve results and to avoid possible 'misfits' between European initiatives and the safeguard of the podiatry profession.



ECP Chair
Carles Vergés Salas
Spain

ECP member
Mieke Fransen
Belgium



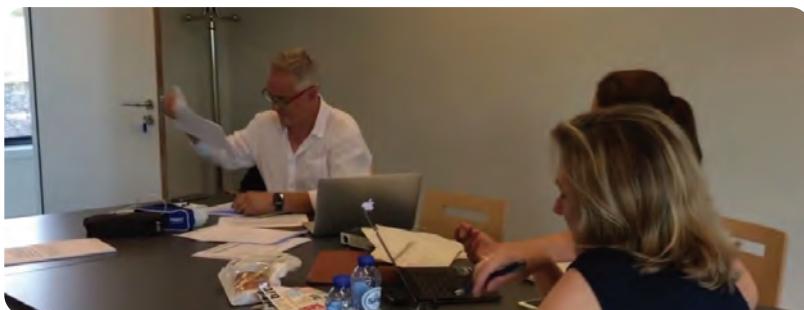
ECP Member
Peter Boelens
The Netherlands

ECP member
Serge Coimbra
France



ECP – FIP-IFP Board liaison
FIP-IFP Vice President
Christian Jérôme

The 2017-2018 Board of the European council of Podiatrists



The new Board already had the opportunity to meet in Brussels to discuss the next step in the development of the CTF and set the agenda for the next working year. The new board is very passionate about the work and looks forward getting in touch with the European FIP-IFP members.



“All for one and one for all.”
— Alexandre Dumas,

FIP-IFP Country Update

Belgian Association of Podiatrists

The members of the board of the Belgian Association of Podiatrists are working hard to get recognition of podiatry as part of primary care. The regional authorities are transforming the primary care in Belgium and being part of this transformation is crucial. Meetings with government representatives are organised and partnerships with other health professionals active in primary care are also key in achieving the objective.

This year congress will be held on October 21, 2017. The theme addressed: the nail in two main aspects: pathologies and instrumental care and pathologies and biomechanical care.

The congress' aim is to bring together all health professionals involved directly or indirectly in the treatment of the foot (podiatrists, dermatologists, nurses, pedicures, students, ...)

The spirit of this congress is twofold: we would like to reach out to all professions that deal with nails in their daily practice, through a biomechanical examination, a walking analysis or an insoles fabrication, we will also help to treat nails suffering mechanical trauma, this being the second objective of the congress.

We invite all FIP-IFP colleagues to mark this date in their agenda Brussels, 21 October 2017.

Czech Republic - Czech Podiatry Association

On June 3 – 4, 2017 the 16th Congress of the Czech Podiatry Association was held in Hradec Kralove.

The CPA President, MUDr. Marie Souckova, underlined the necessity of multidisciplinary cooperation and the need for continuing education of members of the Association. Last year 18 physicians completed the Certified course for medical doctors of the Institute for Postgraduate Medical Education (IPVZ). She mentioned that as yet the efforts to influence the content of retraining courses for pedicures had failed. From 2017 onwards, more time will be provided to the preparation of workshops and specialised programmes of the podiatry and pedicure section.

The Journal of Podiatry has been made accessible also to non-members of the Association which can attract new members to the Association and improve multidisciplinary cooperation. The benefits of the membership include inter alia 20% discount at events organized by the Association, relaxation stays with education and training, free participation in the congress of the Association, free subscription to the Journal of Podiatry, etc.

In 2016, the portfolio of courses was extended, new types of training courses with product presentations took place, education programs for foot care nurses and a two-day practical training for pedicures at the Institute for Clinical and Experimental Medicine (IKEM) were held. The discipline was continuously presented and awareness



Czech Podiatry Association



Czech Podiatry Association

Cont....

FIP-IFP Country Update

events took place in regions, and also activities performed by the Association members were publicized on the website.

The Association aims among other things to become the leader in foot care in the Czech Republic and to intensify its involvement in international cooperation.

On the eve of the congress a specialized workshop attended by 55 members took place on the topic of Ingrown toe nail and new treatment principles, which was very well received.

The CPA Congress 2018 is scheduled to take place in Prague at the end of May 2018



Czech Podiatry Association

Spain - Consejo General de Colegios Oficiales de Podólogos

Salamanca will host the 48th National Congress of Podiatry

The Spanish city of Salamanca will host from October 20 to 22, the 48th National Congress of Podiatry. According to the provisional program, the Congress will host about fifty international speakers, all podiatrists of the highest level. The Congress, that will be held at the Congress and Exhibition Center, is organized by the General Council of Official Colleges of Podiatrists of Spain and by the College of Castilla y Leon and has the collaboration of Tourism of Salamanca.

National and international expert podiatrists of 7 countries have already confirmed their presence.

The 48th National Congress of Podiatry will be attended by podiatrists from Australia, The United States of America, Finland, Switzerland, France, United Kingdom and Spain.

The Congress will focus on Sports Podiatry, Pediatric Podiatry and Diabetic Foot, with outstanding presence of Podiatric Surgery. Topics such as minimalism in sports, "alternative events and fake news" regarding insoles, pathologies in athletes with intellectual disabilities, performance in elite triathlon or pathologies in patients with ALS will be discussed.



Consejo General
de Colegios
Oficiales
de Podólogos
de España



Consejo General de Colegios Oficiales de Podólogos

Cont....

FIP-IFP Country Update

France - Federation Nationale Podologues

French National Congress On Foot Surgery: podiatrists and surgeons together.

This congress, held in Lyon last June, allowed podiatrists and foot surgeons to demonstrate the complementary nature of their skills in the management of foot diseases. An American podiatrist Dr. Weill intervened and demonstrated that a surgical technique of forefoot made by a podiatrist was as successful as if it had been practiced by a foot surgeon.

The experience will be renewed in 2018 and FNP will be associated to this event.

National Scientific Congress FNP: the next scientific congress organized by the FNP will be held on 13-14 October 2017 in Paris and will be devoted entirely to foot orthotics in its clinical, multidisciplinary and research approaches. For information, see our website: www.entretiensdepodologie.com

Members of the FIP-IFP will benefit from the membership fee.

Greece - Hellenic Association of Podiatry and Podology

Dear member of the International Federation of Podiatrists (FIP-IFP), The year of 2017 is a big step for the Hellenic Association of Podiatry and Podology (H.A.P.P.). We will be hosting our second podiatric conference on the 7-8th of October 2017 at the Royal Olympic Hotel in Athens, Greece. The program is extensive from dermatology to surgery. Please feel free to look at our program www.podiatric2017.gr .



Our greatest and most proud news is the opening of the first and only university graduate program in Greece for Podiatry this October. The degree is awarded directly by Queen Margaret University <http://www.qmu.ac.uk> .

It will be a fully Greek-speaking program, which allows for maximum understanding of science and at the same time offers international professional perspectives <https://www.mitropolitiko.edu.gr/el/> .

Graduates of the program will be able to apply through the International Registration Process to the Health and Care Professions Council (HCPC), the competent institution in England for a license to practice. The program aims to create Podiatrists, capable of patient-centered work, extensive practical experience and active promotion of learning and professional development.



Cont....

FIP-IFP Country Update

Sweden - Sveriges Fötterapeuter (SF)

Bike4Diab

Ulla Tang, podiatrist and PhD, is cycling up and down Sweden to bring awareness to the fact that treatment of diabetic feet varies depending on where in Sweden you live. Her cycling tour is a 90 day and 2000 km long journey with more than fourteen city stops. She is accompanied partly by other enthusiastic cyclists who cheer her on. Our local branches of Sveriges Fötterapeuter welcome her and make sure the media and local politicians know about Ulla and her mission.

Ulla Tang is a podiatrist for a start, her curiosity urged her to become a certified prosthetist/orthotist and in 2017 a PhD in "The Diabetic Foot – assessment and assistive devices". She presented her thesis to us at our AGM in Karlstad in April, and as we applauded her she changed in to her bicycle wear and told us about her "Tour de Suède". She is a great inspiration to those of us who feel the urge to move forward in our profession!

Australia - Australasian College of Podiatric Surgeons

The Australasian College of Podiatric Surgeons (ACPS) is committed to the advancement of knowledge in podiatric surgery and to upholding the highest standards in foot and ankle (surgical and related) care by podiatric surgeons in the community.

The ACPS continues to advocate for podiatric surgeons and provide an accredited pathway to specialist registration as a podiatric surgeon. The college will be having its Annual General Meeting on the 24th and 25th of August this year to further discuss the direction of podiatric surgery in Australasia.

The ACPS has continued its support and enhancement of clinical practice for general podiatrists through its 2017 Foot & Ankle Insight Seminars. Our 2017 seminar series, "All about the ankle", is running around the country currently. Podiatrists from overseas are very welcome to attend these seminars. Further details can be obtained from our website (<http://acps.edu.au>). Activities of the ACPS can also be followed on social media <https://www.facebook.com/podiatricsurgeons/>

Iceland - Association of Icelandic podiatrists (Felag Islenskra Fotaadgerdafrædinga)

In connection with WFHAM, FÍF held a conference with lecturers which were specialists in heel pain and linked problems in the foot. The conference was very well organized and attended by a large number of podiatrists in Iceland.

The education in Podiatry has started again in a new school and is in a good phase.

During the summer, FÍF members meet regularly at cafes for chatting.

FIP-IFP is celebrating the 70th jubilee this year and we think it would be a worthy task to have someone, who has the knowledge, to write the story of the federation. Soon it may be too late and we don't want to have this remarkable story to be forgotten. It will both be educating and interesting for the future podiatrist to know the roots. May we suggest that this person might be Mr. Paul Shenton SCP ?

Best wishes for the summer vacation from Felag Islenskra Fotaadgerdafrædinga - Iceland

FIP-IPP Country Update

Mexico – Mexican Federation of Podiatrists

Federacion Mexicana de Podologos y Podiatras AC

INVITADO ESPECIAL
FEDERACION MEXICANA
DE PODOLOGOS Y PODIATRAS A.C.
1901

Dirigido a Profesionales de la Salud,
Internistas, Enfermeros, Podólogos.

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*Aplican restricciones

APORTACIÓN:
2,200.00

26 y 27 de Agosto 2017

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United Kingdom - College of Podiatry

Clinically podiatry in the UK continues to develop its scope of practice. Significant developments include recognition by the National Institute for Health and Care Excellence (NICE) of our key role in detecting and managing early stage peripheral arterial disease. The profession continues to reflect on its core role and build on that with the development of competency frameworks in podo-paediatrics and musculoskeletal podiatry in addition to the established diabetes frameworks. Fellowships in Sports medicine have been created and the other specialties including surgery remain strong and successful

The Society/College of Podiatry has appointed a new Chief Executive, Steve Jamieson, who will start in September. Steve Jamieson was previously Chief Executive Officer at The Hospice of St Francis and, prior to that, Director of Nursing at the Royal College of Nursing.



Cont....

FIP-IFP Country Update



Two Society members have been honoured for their work within FIP-IFP. Neil Simmonite received a Certificate of Appreciation for his years of service and dedication, and Professor Stuart Baird was presented with a Lifetime Achievement Award. We extend congratulations to both Stuart and Neil.

As part of our current organisational development programme, the Society is developing its Strategic Plan for 2018-2022 and will be consulting with members over the summer. The final strategy will be launched at the annual conference in Liverpool in November.

For this year's 'Feet for Life' month we commissioned a survey which found that 29% of children in the UK could be wearing the wrong sizes. Survey findings were covered extensively in UK media and members could also hold their own events with posters and leaflets produced for them to distribute to the public.

Germany - Verband Deutscher Podologen VDP e.V.

After having hosted a very successful and expiring AGM of the FIP-IFP in Germany we kept on working on the concerns of our profession in our country.

In several towns, all over Germany our members demonstrated for fair payment through the public healthcare system. The Association of united therapists (BVT- Bund Vereinter Therapeuten) organized demonstrations through Frankfurt, Leipzig, Essen, Kiel, Munich and Berlin with speakers from different professions of therapists, though most political speakers too. Therapists in the healthcare profession, for example Ergotherapists, Logotherapists, Dietician, Physiotherapists and Podiatrists. These professions need recognition in their valuable work in prevention and care of patients. Their valuable care of patients should be compensated with equal rights to fair wages.

3.000 Therapists were organized by the BVT and demonstrated for equal rights in modest honorarium, recognition by the public health care system including having the same status in wage proceedings, more time for the patients through less red tape, consideration of decoupling remuneration from the basic wage, open prescription, tuition fee exemption and just wages for valuable work.

**Gemeinsam kämpfen wir
für die Zukunft aller
Heilmittelerbringer**



Es ist Zeit, etwas zu ändern!

**Demo für Therapeuten
Ort: Berlin**

24.06.2017 – 14:00 | Washingtonplatz (HBF)

www.bund-vereineter-therapeuten.de

Cont....

FIP-IFP Country Update

USA- American Podiatric Medical Association (APMA)



Additionally, congratulations to the winners of the [2017 Abstract Competition](#), and the winner of the inaugural [Podiatry School Student Quiz Bowl](#), Lindsey Hjelm of Des Moines University!

We hope to see everyone again next year when The National comes home to Washington, DC, July 12–15, 2018. Registration will open in January.

Italy - Associazione Italiana Podologi (AIP)

In the period of May and June, our association (AIP) was involved to organize the XXXI National Congress of Podology, which will take place in Colli del Tronto, near Ascoli Piceno (Marche region), from 19 to 22 October 2017. It is expected that the Congress will open in plenary session with the round table "Doctors of General Medicine and Podologists: integration as a resource for SSN (Italian Health National Service) about prevention and care". Our target is to take in consideration the most useful initiatives to promote integration and collaboration between doctors and podiatrists. Often, doctors ignore the opportunities offered by podiatry and do not recommend to their patients to go to the podiatrist in case of foot pathology. Appropriate information would allow doctors to relieve patient burden and avoid excessive pressure in Emergency or Hospitals. The Congress will develop in the further days with a series of workshops that are still being finalized. Teachers will not be only podiatrists, but also dermatologists, vascular surgeons, orthopedists and so on. In this last period, AIP has been taken part in many meetings, including "Rome Foot 2017", which tackled the foot and ankle problems; the Round Table on Diabetes held in Brussels in April and, of course, the annual FIP meeting, held in Tübingen (Germany) in May.

News from the Committees

The IRC committee members have been appointed

Following the call for nomination for the Academy done at the 2017 FIP-IFP AGM, the FIP-IFP Board reiterated this call for nominations by email as some countries weren't present during the meeting. The same goes for the International Recruitment Committee (IRC), as the board wanted, in line with the development of the membership criteria, agreed upon by the members at the last AGM, establish an IRC that is up to date with the criteria and involved in the process.

The Board was very pleased to receive more nominations than available spots in the committees based on the FIP-IFP Bylaws. This shows the members are convinced the FIP-IFP is moving in the right direction and they want to be part of this Federation going forward.

Many thanks for all the applications and stay connected!

For the International Recruitment Committee (IRC)

Chair	Dave Dunning	SOCAP (UK)
Member	Joe Stern	CPMA (Canada)
Member	Maeve Corcoran	SCPI (Ireland)
Member	Sylvia Virbulis	APMA (USA)
Member	Magdalena Chojecka	PPA (Poland)

One year FIP-IFP's presidency: yesterday, today, tomorrow

Matt Garoufalos was elected president of the FIP-IFP at the Annual General Meeting of 2016 in Montreal, Canada. In this interview we want to focus on the research and scientific approach of Podiatry around the world.

You have been the FIP-IFP President for just over one year now. You have had the opportunity to meet with many of the member associations so far. What is your feeling about the research and scientific level of the profession within the FIP-IFP country members?



Every profession needs research so that it can demonstrate the positive impact that they have upon the community. The more dynamic and detailed the research, the greater and more profound impact it has within the profession and upon the community. Therefore, the importance of research cannot be understated. It should be of what we do as a profession.

You are an American Podiatrist, a DPM, do you think there is a true difference between the level of skills, knowledge and competences in America and in Europe? If so, should we close the gap?

There are many differences within our profession of Podiatry, and yet we are all of the same family. Demonstrating our unique approaches to different problems and situations in research, is as much a reflection of our different scopes of practice as it is a foreword progression of professional growth. I do believe that we should reach a common level of practice based on our knowledge, training and experience. Within Europe, the FIP-IFP is working towards a Common Training Framework. This will facilitate for all member countries and other European countries a common consensus on the profession. That is important for the patients all over Europe. Showing what we can do as a profession, in different regions of the world, only furthers the education and understanding of Podiatry.

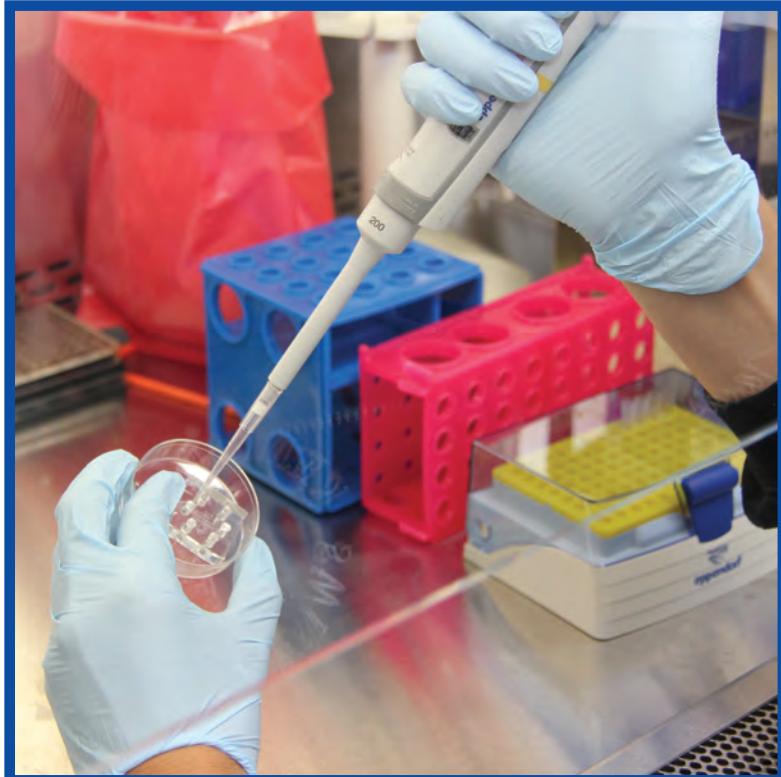


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Do you think that the Scientific Research in Podiatry is necessary to the evolution of the skills, knowledge and competences independently from the practicing perspectives?

Absolutely, it is a necessary part of we are, as podiatrists, and how we practice in our communities. Research will be different from country to country based on scope of practice, but research is to move forward. FIP-IFP encourages all its members to become involved in some type of research so as to demonstrate the capacity and breadth of the profession

FIP-IFP organizes the next World Congress in 2019 in Mexico. What is the importance of organizing such international event?



Some countries put on a “National” meeting, which is wonderful. FIP-IFP has chosen to put on a truly International Exposition of Podiatric Knowledge and Science. This World Congress in 2019 will be the largest Podiatry Conference in the World and will be marketed worldwide with international participation and press releases distributed to all media and social media outlets. It will bring together the global thought leaders on Podiatry and its applications and practice. It will be something that each of our FIP-IFP members can proudly point to as being part of their own contribution in expanding podiatry around the world.

What role does the FIP-IFP play in Podiatric Research worldwide?

While the FIP-IFP does not conduct Podiatric research of its own, the association is in a unique position of being able to not only promote the research that is already occurring, but to foster communications with researchers around the world so that they may collaborate with one another. This results in more powerful and impactful studies that address a wider cross section of the population. The FIP-IFP World Congress of Podiatry is an example of such an opportunity. Also, by virtue of the FIP-IFP being involved in so many conferences across the globe, lines of communication are established and opened for several new and exciting exchanges of ideas. In this manner we can expand the growth and influence of podiatry worldwide.



FIP-IFP's 70th Anniversary 1947 - 2017

Let us dive back into the history of 70 years of global podiatry

Thank you to the 14 presidents that managed and led the International Federation in such an amazing way!



<i>Matt Garoufalidis (USA)</i>	Current	
<i>Joe Caporusso (USA)</i>	2012-2014	2014-2016 <i>Carine Haemels (BE)</i>
<i>Robert Chelin (CA)</i>	2007-2010	2010-2012 <i>Janet McInnes (UK)</i>
<i>Ronald Lepow (USA)</i>	2003-2005	2005-2007 <i>Paul Shenton (UK)</i>
<i>Gwen French (UK)</i>	1997-1999	1999-2003 <i>Jose Roofthooft (BE)</i>
<i>Jean-Lou Emonet (FR)</i>	1985-1990	1990-1997 <i>Robert Van Lith (NL)</i>
<i>Leonardo Escachs (ES)</i>	Second	Third <i>Karl-Heinz Hamme (DE)</i>
		First <i>Madam Decosterd (CH)</i>

Cont....

66 70 years of spreading the word of Podiatry has been great.
The future of the FIP-IPF will be amazing

footsteps COUNTDOWN TO 2013

VOLUME 1 / #8 / WINTER 2012 / 2013

News from FIP

Message from the President August 2009

I would like to extend greetings to all our colleagues. I hope everyone is having a good summer/winter.

As you know my term as FIP President ends on July 28, 2009 at the General Meeting (AGM). However, due to unfortunate circumstances, I will remain as your

International Federation of Podiatrists
Fédération Internationale des Podologues
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Vol.035, 08/09

RAPPORT DU PRÉSIDENT Août 2009

2016 FIP World Congress of Podiatry is coming

The XXth World Congress on Podiatry, May 13-15 2010 Amsterdam (The Netherlands)

President's Message

Provided below is an update on the FIP's recent activities to our board meeting in Madrid, Spain on April 4-7, 2013, of side meetings were also arranged.

Keynote speakers at the 2013 World Congress of Podiatry 3

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before or after the 2013 World Congress of Podiatry! 16

Corporate Partnerships a win-win for all

Christian Jerome and Dr. Thomas Neubourg sign partnership for 2016-2017

The Corporate partner program of the FIP-IFP serves as a bridge between the business community and podiatrists worldwide. The FIP-IFP partners with companies offering solutions that address community's needs in foot healthcare. FIP-IFP members present at the 2017 AGM enjoyed a very interesting and informative presentation of Dr. Eckhard Hanisch: On how to treat (dry) diabetic foot.

The FIP-IFP signed a partnership with neubourg skin care GmbH & Co. KG in 2016. The company produces innovative products for daily skin care and has a specific range developed for the diabetic foot.



Christian Jerome and Dr. Thomas Neubourg sign partnership for 2016-2017



Lothar Guske CEO with Matt Garoufalidis at the gala diner for the 70th anniversary

The FIP-IFP and neubourg skin care GmbH & Co. KG are very proud of this partnership and will continue working closely together in the future. "Both organizations have in common they want to advance podiatry for the benefit of people with foot ailments, this forms the basis of the partnership", says Lothar Guske CEO of the company.

The FIP-IFP family enjoyed together with members of the company the gala dinner organized for the 70th anniversary and offered by neubourg skin care.



FIP FÉDÉRATION INTERNATIONALE
DES PODOLOGUES
IFP INTERNATIONAL FEDERATION
OF PODIATRISTS

nsc neubourg skin care

How to treat (dry) diabetic foot?

Author : Dr. Eckhard Hanisch

One of the complications of diabetes mellitus is the fact that diabetic foot syndrome can develop over time. If the sebaceous and sweat glands are no longer adequately controlled by the nerves as a result of neuropathy, the skin at the foot of a diabetic can very quickly dry out and become cracked. This leads to perfect entry sites for germs and thus to an increased danger for infections of the skin. In addition, for a number of years, the indications from different areas have accumulated that the diabetic foot skin is not only dry but also defective. A number of biochemical and structural differences compared to non-diabetic skin could be demonstrated: diabetic skin shows a lower intraepidermal nerve number and strong microvascular dysfunctions occur. The type 1 procollagen is produced in a reduced amount. A number of proteases show markedly increased activities (1, 2, 3). A number of microRNAs were deregulated as well as 36 different genes, mainly in the area of skin barrier regeneration (4), plus many other differences. This results in the fact that the diabetic skin is not only dry but also structurally weakened, which makes it vulnerable to germs and makes it easier for these germs to multiply and spread in the skin.

In this aspect, skin care is of particular importance for the diabetic foot. Foam creams play a special role here, as high-quality foam creams form a breathable protective net on the skin due to the patented BarrioExpert® technology. This protects the skin from external influences (germs, allergens, etc.) without affecting the natural skin functions. The dry diabetic skin is at the same time intensively maintained and moisturized. After application, the foam cream dries very quickly without leaving a greasy film. Thus the risk of slipping and accident is drastically reduced. In addition, clothing can be applied immediately after application. Compression stockings can also be applied directly (5).

In very early studies, the Allpresan® diabetic INTENSIVE Foam Cream was shown to provide very fast and very lasting moisturizing. Dr. Rudolph performed a simple experiment on 33 insulin-dependent diabetics. On day 1, he measured the skin moisture on the feet with a corneometer and found that the skin moisture remained at a comparatively low level for 8 hours. On day 2, the foam cream was applied immediately after the first measurement. The skin moisture then rapidly rose to twice the initial value and remained there for several hours (unpublished)

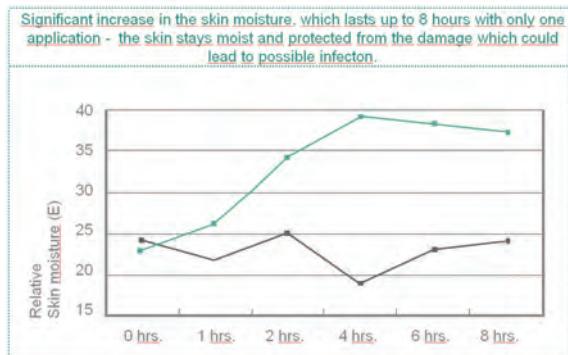


Fig. 1: Grey = day 1; green = day 2

Wigger-Alberti et al. (6) have investigated the long-term moisturizing effect of the same foam cream. 60 subjects applied twice daily. The skin moisture was determined at the beginning, after 7 and after 28 days. It turned out that the skin moisture had increased by 50% after 7 days and by 62% after 28 days



Fig. 2

According to the guideline of the German Diabetes Association (DDG), the diabetic foot requires a lot of moisture due to the dry skin (7). It is recommended that the diabetic foot should be applied with a urea-containing cream. However, the spaces in between the toes should be excluded (8). The background for this recommendation is that there is generally a moist-warm climate between the toes, and creams between the toes can lead to occlusions. This, in turn, can lead to macerations, resulting in the occurrence of entry sites for germs of any kind. The recommendation not to use a moisturizing cream in between the toes is, however, very contradictory, since the areas in between the toes are the place where infections are most likely due to the described situation. Since foam creams are absorbed very quickly

Cont....

and, in contrast to creams and ointments, do not leave greasy residues, we wanted to know whether foam creams can be used in between the toes of the diabetic foot without increasing the risk of infection. For this purpose, in the case of diabetics, samples between the toes 1 + 2 and 3 + 4 were taken at the beginning and after four weeks. The subjects applied the Allpresan® diabetic INTENSIVE Foam Cream twice a day on the entire foot including area in between the toes. Wigger-Alberti et al. were able to show in this way that the germ count in the toe spaces did not increase after four-week application of the foam cream (6)

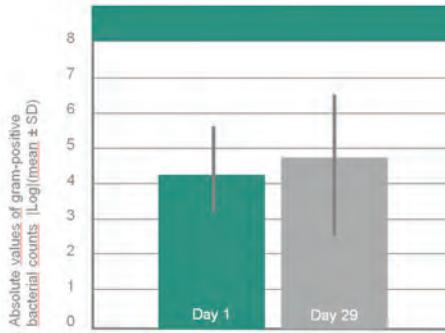


Fig. 3

This means that this foam cream can be used as opposed to the recommendations of the guideline in the toe spaces since the risk of infection does not increase. And this in turn means a significant added value for the diabetic, as with this foam cream, the necessary moisture can be supplied to the skin in the toe spaces without increasing the risk of infection, as with creams and ointments. In the meantime, it is possible to find in the patient's guideline for the treatment of foot complications in diabetes mellitus that urea-containing emulsions and foam creams should be used for skin care on the diabetic foot (9).

In a double-blind, randomized and placebo-controlled study, the effectiveness of the Allpresan® diabetic INTENSIVE Foam Cream should be investigated. 49 Type 1 and type 2 diabetics creased their feet twice a day for four weeks. From the feet, high-resolution photographs were taken at the beginning, after 14 and after 28 days, to avoid a bias of the evaluators. Specially trained evaluators should evaluate these photographs in a score of 0 to 3 with respect to different parameters (10).

With regard to the dryness of the skin, the foot skin improved by a score of 1.2 after two weeks, which is remarkable, since only the possibility exists to evaluate between 0 (normal) and 3 (extremely dry). However, it is also shown an improvement with regard to skin dryness by a score of 0.5 with a placebo that contains no "active ingredients", but only so-called basic lipids. These basic lipids appear to be sufficient to repair the diabetic skin (10)

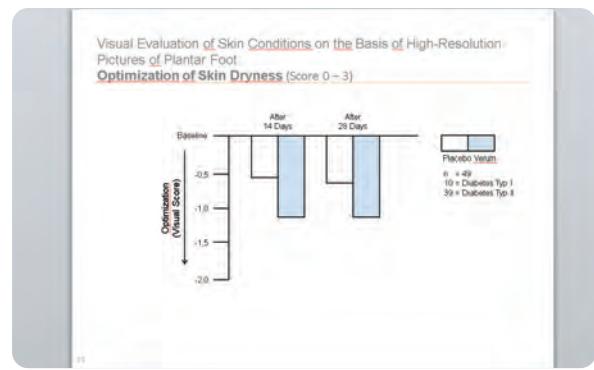


Fig. 4

In other studies we could see that the placebo in fact repaired the skin barrier, but not so fast and so structured. Since the placebo does not contain any moisturizing factors such as urea, this naturally raises the question of the extent to which moisture retention factors are generally required to increase the skin's moisture. Or are not specific lipids sufficient to repair the extracellular matrix and thus keep the water back in the skin barrier? From these studies we conclude that moisture retention factors such as urea are helpful but not necessary (11).

With regard to cracked skin, an improvement of the skin situation with Allpresan® diabetic INTENSIVE Foam Cream could also be achieved by a score of 1.2 after two weeks of use twice a day. The placebo achieved an improvement of 0.4. With regard to skin moisture, a marked improvement was demonstrated. However, a significant improvement could also be achieved with the placebo.

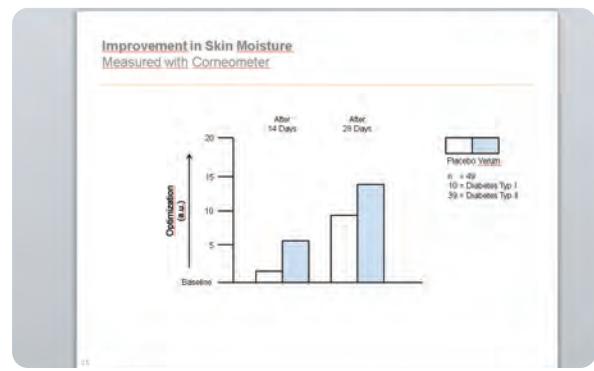


Fig. 5

The test foam cream is significantly better than the placebo, but the difference is not very large. We see a very similar result with regard to transepidermal water loss (TEWL) (10). The good effect of the placebo foam cream is also evident in the answers of the subject's questionnaire. The parameters of skin dryness, skin roughness, cornea and itching were questioned. In all cases an improvement of the situation for the test foam cream and the placebo with significant advantages for the test foam cream was documented. But the differences are not very large (10). Cont....

For the Allpresan® diabetic INTENSIVE Foam Cream, the high efficacy due to the patented BarrioExpert® technology has been demonstrated impressively in a series of studies on the diabetic foot. The diabetic foot skin regains its moisture, it becomes supple and the risk of infection is drastically reduced. In addition, there are a number of advantages due to the foam cream galenics compared to creams and ointments: better spreadability, faster feeding into the skin, formation of an respiratory protective net, no influence on the natural skin functions, no greasy residues on the skin, no residues on the clothing, perfect for the use of compression stockings, low risk of slipping and thus low risk of accidents, up to twice as effective as creams and ointments, application in between the toes is recommended and foam creams are mentioned in the guidelines of DDG. If the diabetic has the goal to maintain and protect his feet, there is no alternative to this foam cream.

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Is your member organization prepared for the current GDPR regulation?

What the new GDPR will mean for those collecting and handling health data?

Author : Caroline Teugels, Executive director FIP-IFP

The General Data Protection Regulation (GDPR) will apply as of 25 May 2018 so all companies and organisations collecting and processing personal data in the EU will have to be compliant by that date. That looks like a lot of time, but don't forget that a lot needs to happen when you are processing data (concerning health). This article wants to make member associations that are handling and collecting personal data aware of the implications of the GDPR. Moreover, the aim is also to make all alert that a higher protection is granted to handling health data.

What is GDPR?

General Data Protection Regulation (GDPR), is a set of rules to protect the data of European citizens.

GDPR is in fact the result of a revision of European legislation in 1995, the Data Protection Directive. This Directive was interpreted differently by each Member State. That has led to lack of clarity and fragmentation. The rapid evolution of the digital world and developments such as the cloud and social media required more modernization of legislation than ever before.

As from May 25, 2018, the personal data gathered by (members) organizations must comply with the new set of rules of the GDPR.



Who is affected by GDPR?

Anyone in the EU who controls data and/or undertakes data processing falls under the GDPR, including in the healthcare sector. Organisations based outside the EU are also affected. Even though Brexit is pending, it will have limited impact on the implementation of GDPR as it relates to EU Citizen's data.

There are three additional important definitions in the GDPR which relate to health data:

1. "Data concerning health" now gets its own definition under the GDPR, which is "personal data related to the physical or mental health of a natural person, including the provision of health care services, which reveal information about his or her health status."
2. "Genetic data", which is personal data relating to the inherited or acquired genetic characteristics of a natural person which give unique information about the physiology or the health of that natural person and which result, in particular, from an analysis of a biological sample from the natural person in question.
3. "Biometric data", which is personal data resulting from specific technical processing relating to the physical, physiological or behavioural characteristics of a natural person, which allow or confirm the unique identification of that natural person, such as facial images or dactyloscopic data.

Cont....

What is important to highlight is that data concerning health, genetic data, and biometric data will be subject to a higher standard of protection than personal data in general. The processing of these three forms of health data is prohibited unless one of a number of conditions applies.

Innovation in the GDPR

The main innovations in the GDPR spin around:

- Transparency: inform about how data is collected and processed.
- Data transfer: all will be able to transfer their data from one organization to another.
- Right to be forgotten: all have the right to ask to delete their personal data from the system, if no valid counter argument can be given.
- Notification of data breach: Organizations must report within 72 hours that there has been a data breach, if the breach affects the persons then this person will need to be informed about the breach.

Yes I do

The GDPR introduces a new definition of "consent". Consent is defined to mean **any freely given, specific, informed and unambiguous indication** of the data subject's wishes by which he or she, by a statement or clear affirmative action, signifies agreement to the processing of personal data relating to him or her.

If an organisation cannot rely on the medical care, public health, or scientific research grounds, it will have to obtain explicit consent from the individual to process (health) data.



Valid consent can be obtained in various ways, but important to remember that you can't rely on implicit and opt-out consent anymore, the GDPR requires the data subject to signal agreement by a **statement or a clear affirmative action**.



"REGULATION (EU) 2016/679 OF THE EUROPEAN PARLIAMENT AND OF THE COUNCIL of 27 April 2016 on the protection of natural persons with regard to the processing of personal data and on the free movement of such data, and repealing Directive 95/46/EC (General Data Protection Regulation)"

Cont....

How to prepare for GDPR?

These are 6 steps to take right now.

1. You should make sure that the decision makers and people in charge of your association are **aware that the law is changing to the GDPR**. They need to appreciate the impact this is likely to have on your functioning.
2. Your association needs to know exactly where and **how personal data is collected and how this is protected and processed** in order to comply with the GDPR rules. Therefor you should document what personal data you hold, where it came from and who you share it with. You may need to organise an information audit. You can start with a piece of paper and look around your association where personal data is stored and how you handle it.
 - Review your current privacy articles and put a plan in place for making any necessary changes in order to comply with GDPR
 - Check your procedures to ensure they cover all the rights of individuals (data-transfer, right to be forgotten)
3. You should review how you receive, record and manage consent and whether you need to make any changes. If you need to refresh existing consent do it now to make sure they meet the GDPR standard.
4. You should make sure you have the right procedures in place to detect, report and investigate a personal data breach. Furthermore, describe the processing, assess the necessity and proportionality to help manage the risks to the rights and freedoms of natural persons resulting from the processing of personal data.
5. Get more knowledge about GDPR and the impact it has on your association. Design a project plan on how you will deal with this important matter.
6. Inform your members as they handle health data and thus are subject to a higher standard of protection than personal data in general.

Good luck and take the necessary time to prepare yourself and your organisation!

FIP-IFP CORPORATE PARTNERS



SAVE THE DATE 31 OCTOBER – 2 NOVEMBER 2019
FIP WORLD CONGRESS OF PODIATRY



FIP FÉDÉRATION INTERNATIONALE
DES PODOLOGUES

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OF PODIATRISTS